



# Children are Resilient

It's true. But for now, these eyes are *not* smiling.

Victims of Hurricane Mitch's devastation

in Central America, these faces now reflect the signs of Cholera, Dengue fever, skin and respiratory diseases. They need our help. And they need it fast.

The smallest of donations will help Northwest relief agencies bring aid to families in Nicaragua, Honduras, Guatemala and El Salvador. Facing years of healing and rebuilding, these families need our continued prayers and regular donations. A list of local and national agencies and organizations will guide you.

## Please help these eyes smile again.

Here are ten agencies that will help you help them.

**American Red Cross**  
International Response Fund  
PO Box 37243  
Washington DC 20013  
1.800.HELP NOW

**Catholic Relief Services**  
PO Box 17090  
Baltimore, MD 21203  
1.800.736.3467

**Honduran Association**  
*Asociacion de Hondurenos*  
*Unidos de Portland*  
PO Box 90844  
Portland, OR 97290-0844  
503.254.8729

**International Children's Care**  
PO Box 4406  
Vancouver, WA 98662  
1.800.422.7729

**Mercy Corps International**  
Hurricane Relief Fund, Dept. N  
PO Box 9  
Portland, OR 97207  
1.800.292.3355, ext. 223  
or through any branch of  
*US Bank* or drop off bedding  
and towels at  
*Salvation Army* drop-off sites or  
*Portland Parks and Recreation*  
community centers

**Nicaraguan Aid:**  
*Portland-Corinto Sister City Assoc*  
2635 SW Vacuna St.  
Portland, OR 97219  
503.288.1063 for volunteering  
*Mercy Ship International*  
1.800.424.7447 for donations  
(specify Nicaragua)  
**Honduran Aid:**  
360.735.0079  
Vancouver, WA

**Northwest Medical Teams**  
PO Box 10  
Portland, OR 97207  
1.800.959.4325  
or through any branch of *US Bank*

**Operation Shoebox**  
*Filled shoeboxes should*  
*contain toothbrushes, toothpaste,*  
*soap, shampoo, school supplies,*  
*a toy and wrapped hard candy.*  
Drop off Nov. 30 and Dec. 1  
5-7 PM at the office of dentist  
Lance Rosenau  
4200 SW Mercantile Dr, Suite 740  
Lake Oswego  
503.699.7691

**US Committee for UNICEF**  
333 E 38th St  
New York, NY 10016  
1.800.FOR KIDS